

## Cyber Safety

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The presentation explores the definition of the media coined phenomenon "SEXTING" and takes the audience through a scenario. The scenario will expose what sexting is, the impacts, and offers options to prevent the risks associated to sexting behaviors as well as how to reduce the harm of actions already undertaken. The history of the presentation's development is in response to noticeable and concerning increase in reports of self/peer online sexual exploitation. It is not just about Sexting though. The presentation also covers off the following:

- sending intimate images out to anyone (people they know or do not know in person)
- consequences of using social media
- emotional impacts of using social media
- strategies and websites to access for mental health help or social media concerns
- privacy on social media
- online presence and the consequences of what is out there about you
- social media apps and being safe on the them
- criminal aspects of social media and the consequences of bullying someone online

The Parent evening session will cover the topics listed above as well as contain time for a question/answer period with Cst. Olson.