

MANITOBA FASD CENTRE

(For more information, see www.fasdmanitoba.com)

REFERRAL

The Manitoba FASD Centre operates on a referral basis and currently serves pre-school and school-age children as well as adolescents where there is known prenatal exposure to alcohol.

WHO CAN REFER AND HOW TO REFER

Referrals can be made by:

- Physicians, Health Care Professionals, Child and Family Services, **Schools**, and other community professionals
- These referrals are made by completing the referral form available for download below and sending it to the centre by **mail or fax** (to maintain confidentiality, the information cannot be sent via email).
- Families can also directly contact the centre to initiate a request for the assessment and the centre social worker will meet with the parents to complete the referral process.

THE REFERRAL PROCESS

Once a request for an assessment has been received, the initial process focuses on acquiring accurate information to support the assessment and diagnosis including **family history, birth history, exposure to alcohol during pregnancy, medical history, developmental history and reports from daycares and schools regarding development, learning and behaviour.**

Criteria for an assessment **include a confirmed history of prenatal exposure to alcohol and developmental, academic or behavioural concerns.**

Note: not all referrals will necessarily result in an assessment for FASD.

Here's how the process proceeds:

- The legal guardian is sent an intake package which includes: information form, school questionnaire, daycare questionnaire, consent to release birth information, and consent for the assessment.
- Staff at the centre are available to families or other professionals to answer questions and assist with completion of the forms.
- Families or referral sources are asked to forward copies of any assessments previously completed at school or in the community.
- The Centre may contact the family to gather more information.
- The Centre will send a letter to the family and source of referral outlining the expected waiting period of the assessment appointments.

INFORMATION ON REFERRAL

Key Factors to Consider when making a referral

- Obtaining informed consent from the legal guardian
- Confirmation of prenatal alcohol exposure

- Identify the presenting developmental, academic or behavioural concerns
- Understanding hoped for outcomes from the assessment
- Timing of the assessment for the child and the parent

What happens after the referral is received by the FASD Centre?

- An intake package is sent to the legal guardian including: information form, school questionnaire, daycare questionnaire, consent to release birth information, and consent for the assessment
- Social work at the centre is available for families or other professionals to assist with completion of the forms
- Families or referral source is asked to forward copies of any assessments that have been completed at school or in the community
- Families may be contact by the centre to gather more information
- A letter will be sent to the family and source of referral outlining the expected waiting period for the assessment appointments

How do I prepare my child for assessment?

- Preparation of a child for an assessment will depend on many factors. As this can be a sensitive issue, caregivers are encouraged to contact Social Work staff at the Centre to discuss their child's unique situation and needs.

CONTACT INFORMATION

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